## MOOSILAUKE Counselor-In-Training (CIT) PROGRAM DESCRIPTION

The goals of the Moosilauke Counselor-in-Training (CIT) Program are multi-faceted: to teach young adults core philosophies and skills related to leadership; to provide them opportunities to put these skills and understanding to use; to provide a fun and meaningful summer for an age group that has limited opportunities to really stretch themselves; and to provide the camp a chance to evaluate who would make a good counselor in future years.

The CIT program at Moosilauke emphasizes the following areas of learning and experience:

- Moosilauke's mission centering on positive risk taking and the development of real self confidence
- Moosilauke's core philosophies about how and why kids behave the way they do and how leaders can influence behavior
- Real Colors Workshop which is a leadership training tool designed for youth and adults. Through
  fun and engaging interactive exercises they develop skills to recognize the strengths and
  perspectives of others.
- Hands-on responsibility (in conjunction with mentor counselors) for camp activities including cabin life, activity area instruction, coaching teams, lifeguarding, and special events
- Trip planning and coordination (CITs will plan and execute an overnight trip)
- The program includes lifeguard certification for all participants (first session only).

CIT's will live in a cabin with 1-2 other staff members, one of whom will be their lead mentor counselor. In terms of daily life while on duty, the schedule for CITs will look very much like that of a normal counselor: they will have responsibilities at meals, activity period time, rest hour, and in the evening. They will also have assigned work at camp, which includes maintenance in activity areas.

CIT's will sign and live by a clear and appropriate Code of Conduct. Time off will be under the supervision of a Moosilauke counselor and will include 2 nights and 1 day per week. CIT's will not be allowed to have cars at camp.

Due to space limitations and programmatic considerations, enrollment in the CIT program is limited. Not all campers applying will be accepted. (It is worth noting, however, that selection as a CIT is not a prerequisite to be a counselor in future years.) Prospective CITs will be required to complete an online **application**. The application deadline is December 15. CITs will ideally be 16 years of age by the start of Camp, and have at least two years experience as a camper at Moosilauke.

Due to a change in New Hampshire state regulations prospective CITs must also submit two written references as part of the selection process. Please include the name of the staff member, your name, your relationship to the staff member, and the date in your email response. Please write a short reference attesting to your knowledge as it relates the whether the staff member has

caused or threatened to cause direct physical injury to any individual or harm of any nature to any child or children. Please include your opinion on whether the individual is a good candidate to work directly with campers. One of these references can be from a relative and one must be from a non-relative. References should be emailed to kmiller451@gmail.com.